



**Northeast Pennsylvania Equine Clinic, L.L.C.**

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**EQUINE FIRST AID INFORMATION**

**Antibacterial wound dressing** (water soluble ointment), antiseptic spray or powder

**Antiseptic soap or scrub and solution** (e.g. Nolvasan, chlorhexadine, Betadine, povidone iodine)

**Coolant gel** (e.g. Equine Antiheat Formula, Mineral Ice)

**Cotton sheet leg wraps**, roll or quilted cotton

**Gauze roll bandage**, flexible 4" and 6" width

**Nonadherent pads** (e.g. Telfa, Surgipads) – 3" x 4", 5" x 9", sanitary pads may be used if necessary.

**Salve** such as Bag Balm, Corona, Vaseline

**Saline eye wash** (+/- Clear Eyes)

**Thermometer**, heavy duty, ring top with case and clip or digital thermometer

**Vetrap** or equivalent 4" wide self-adhering outer bandage (+/- specialty bandages e.g. Expandover, Elastikon)

**Adhesive tape**

**Alcohol**

**Cold packs**

**Cotton swabs**

**Dosing/flushing syringe**

**Duct tape**

**Exam gloves**

**Flashlight**

**Forceps**

**Gauze pads 4" x 4"**

**Permanent marker**

**Scissors**

**Sterile Gloves**

**Stethoscope**

**Towels/clean cloth**

**Weight tape**

***Associated Items:*** pliers, wire cutters, jack knife, hoof pick and knife, clinch cutters and shoe pullers, clippers, blankets (light and heavy), twitch

***Prescription items at veterinarian's discretion:*** penicillin, SMZ/TMP tabs, Buscopan, Banamine, Acepromazine, phenylbutasone tabs or paste, syringes, needles

**EQUINE NORMALS**

TEMPERATURE: 99 – 101.5°

PULSE: 28 – 44 per minute

RESPIRATION: 8 – 16 per minute

**PHYSICAL EXAM ASSESSMENTS BY OWNER**

Stance, posture, attitude, pain, swelling, lameness, temperature of feet, eyes, nose, gums, Capillary refill time = time for color to return to gum after firm thumb pressure is released (1 to 2 sec.), hydration (neck skin pinch test), posture of abdomen, gut sounds, manure, urine, vaginal discharge.

*Compliments of*

**Dr. Ellen L. Johnson**

**Northeast Pennsylvania Equine Clinic, LLC**